**Dipotso ka moo Mosebetsi wa hao le Diketsahalo tse ding di Sitisehileng ka teng: Bophelo bo Botle ka Kakaretso V2.0 (WPAI:GH)**

Dipotso tse latelang di mabapi le ka moo mathata a bophelo ba hao bo botle a ammeng bokgoni ba hao ba ho etsa mesebetsi e tlwaelehileng. Ka mathata a bophelo bo botle re bolela sesupo kapa mathata afe kapa afe a amang bophelo ba hao mmeleng kapa moyeng. *Ka kopo tlatsa dikgeo kapa o tsikaletse nomoro jwalo ka ha ho bontshitswe.*

1. Na o a sebetsa ha jwale (o sebeletsa tjhelete)? \_\_\_\_\_ TJHE \_\_\_\_\_ E

 *Ha o re TJHE, kgetha “TJHE” mme o tlole o ye ho potso 6.*

Dipotso tse latelang di mabapi le **matsatsi a supileng a fetileng**, ho sa kenyeletswe la kajeno.

2. Matsatsing a supileng a fetileng, o lahlehetswe ke dihora tse kae mosebetsing ka lebaka la mathata a amanang le bophelo ba hao bo botle? *Kenyeletsa le dihora tse o lahlehetseng ka matsatsi o neng o kula ka ona, ho fihla ka mora nako, ho tsamaya pele ho nako, jwalo jwalo, ka lebaka la mathata a bophelo ba hao bo botle. O se kenyeletse nako e o lahlehetseng ka ho nka karolo dipatlisisong tsena.*

 \_\_\_\_\_ DIHORA

3. Matsatsing a supileng a fetileng, o lahlehetswe ke dihora tse kae mosebetsing ka lebaka lefe kapa lefe jwalo ka ho eta, ho ya matsatsing a phomolo, ho fosa nako e itseng mosebetsing ka lebaka la dipatlisiso tsena?

 \_\_\_\_\_ DIHORA

4. Matsatsing a supileng a fetileng, o sebeditse dihora tse kae?

 \_\_\_\_\_ DIHORA *(Haeba e le “0”, tlola o ye ho potso 6.)*

5. Matsatsing a supileng a fetileng, mathata a bophelo bo botle a amme mosebetsi wa hao ho le ho kae ha o ne o sebetsa?

Nahana ka matsatsi ao ka ona o neng o sa kgone ho etsa mesebetsi e mengata kapa ya mefuta e mengata, matsatsi ao ka ona o entseng mosebetsi o monyane ho feta ka moo o batlang, kapa matsatsi ao ka ona o neng o sa kgone ho etsa mosebetsi ka hloko ka moo o tlwaetseng ho etsa ka teng. Haeba mathata a bophelo bo botle a amme mosebetsi wa hao hanyane, kgetha nomoro e tlase. Haeba mathata a bophelo bo botle a amme mosebetsi wa hao haholo, kgetha nomoro e hodimo.

Shebisisa feela hore mathata a bophelo bo botle a
amme ha kae mosebetsi wa hao ha o ne o sebetsa.

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| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| Mathata a bophelo bo botle ha a ama bokgoni ba ka mosebetsing wa ka |  |  |  |  |  |  |  |  |  |  |  | Mathata a bophelo bo botle a nthibetse ka hohle hohle ho etsa mosebetsi wa ka |
| 0 | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 |

DIKADIKA NOMORO

6. Matsatsing a supileng a fetileng, mathata a bophelo bo botle a amme ho le ho kae bokgoni ba ho etsa mesebetsi ya hao ya kamehla ntle le mosebetsi wa hao wa mosebetsing?

*Ka mesebetsi e tlwaelehileng, re bolela mesebetsi o tlwaetseng ho e etsa e kang, wa ka tlung, ho ya mabenkeleng, ho hlokomela bana, ho ikwetlisa, ho ithuta jwalo jwalo. Nahana ka dinako tseo ka tsona o neng o sa kgone etsa boholo ba mesebetsi kapa mofuta wa mesebetsi, matsatsi ao ka ona o entseng mosebetsi o monyane ho feta ka moo o batlang. Haeba mathata a bophelo bo botle a amme mesebetsi ya hao hanyane, kgetha nomoro e tlase, haeba mathata a bophelo bo botle a amme mesebetsi ya hao haholo, kgetha nomoro e hodimo.*

Shebisisa feela hore mathata a bophelo bo botle a
amme ha kae bokgoni ba hao mesebetsing ya hao e tlwaelehileng, ntle le mosebetsing.

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| Mathata a bophelo bo botle ha a ama mesebetsi ya ka ya kamehla |  |  |  |  |  |  |  |  |  |  |  | Mathata a bophelo bo botle a nthibetse ka hohle hohle mesebetsing ya ka ya kamehla |
| 0 | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 |

DIKADIKA NOMORO

Reilly MC, Zbrozek AS, Dukes EM. The validity and reproducibility of a work productivity and activity impairment instrument. Pharmacoeconomics. 1993 Nov;4(5):353-65.